

What do the BMS School Counselors do?

Individual School Counseling Services:

- Sessions with the school counselor for personal/social, academic or career issues
- Threat assessments and CARES calls
- Mediations between students
- MTSS behavior support sessions
- BARK alerts for online issues

Other Counseling Options at BMS that school counselors coordinate with:

- Therapy with RSD's Deanna Tackett
- School Consult with Children's Advantage - up to 8 sessions for free

These services allow for longer-term counseling that can help to connect students and families to outside counselor services if needed

Small Group School Counseling

- Small groups are available throughout the school year depending on student needs
- Grief and loss support groups are offered
- "Grab bag" lunch bunch groups are offered, coordinate with Children's Advantage and their consult services

Classroom Guidance and Programming

- Social Emotional Learning (SEL) curriculum developed by school counselors based on student identified needs
- School counselors coordinate with Townhall II for the following lessons throughout the year at BMS:
 - 5th: Internet & body safety
 - 6th: Signs of suicide
 - 7th: Healthy relationships
 - 8th: Project Alert (substance use prevention)

Building-Wide Special Events

- Kindness Week
- Thankfulness Week
- American Heart Health Week
- 8th grade Mental Health Fitness Day
- Junior Achievement guest speakers
- A Very Merry Dinner
- 8th grade graduation
- 8th grade Maplewood visit
- Attendance field trips

Community Partnerships

- Townhall II
- Children's Advantage
- Raven Packs
- Birdie Bags & Ben Curtis Foundation
- MRSS & ACCESS through Coleman
- JFS
- Portage County Crisis Response Team
- School Resource Officer
- Ongoing donations through local organizations for items like coats, hats, gloves, food, school supplies etc.